

TERRIE O'CONNOR

REALTORS

Heidi Balkema of
Terrie O'Connor Realtors Volunteers
Her Service to "Meals-on-Wheels"

Heidi Balkema of Terrie O'Connor Realtors, Wyckoff Group, recently volunteered her time helping those who are unable to shop or cook for themselves due to age or disability. Heidi recently made deliveries for Community Meals Inc (CMI), a non-profit meals-on-wheels service. Heidi made sure homebound residents would be able to receive their meals. "I find it very rewarding when I can help people in need," said Heidi. "Seeing their faces light up as I arrived with their meals gave me a real sense of purpose."



Since 1971, CMI has been delivering meals weekdays to homebound residents in Allendale, Glen Rock, Ho-Ho-Kus, Midland Park, Ridgewood, and Waldwick. Meals are prepared by The Valley Hospital and delivered to the Christ Church's kitchen. Volunteers package the meals and transfer them to coolers. Volunteer drivers, assigned specific routes, deliver these meals. Anyone interested in volunteering their time may call the Community Meals office at (201) 447-8295. Also anyone interested in contacting Heidi for any of their real estate needs can contact her at (201) 891-0900 ext. 211, her cell at (973) 930-0998 or e-mail her at hbalkema@tocr.com