

## REALTORS

## Caroline Von Glahn Donates Time to Meals on Wheels

Caroline Von Glahn of Terrie O'Connor Wyckoff Group, donated her time to make deliveries for Community Meals, Inc. (CMI), a non-profit meals-on-wheels service based out of Ridgewood, New Jersey. She was trained by David Gottlieb of Barnstable Mortgage Group in Saddle River, who has been delivering as a volunteer for CMI just over three years now. Celebrating 40 years of service since 1971, CMI delivers over 500 hot and cold nutritious meals, prepared by the Valley Hospital, each week to approximately 85 clients that cannot



shop or cook for themselves. Over 50 volunteer drivers deliver 25,000 meals each year in Allendale, Glen Rock, Ho-Ho-Kus, Midland Park, Ridgewood and Waldwick. "This was a great experience for me," said Caroline Von Glahn. "It is nice to give something back to society and I look forward to doing it again."

For more information about volunteering or receiving meals from CMI, please visit their website @ www.communitymealsonwheels.org or call 201-447-8295. For any of your real estate needs you can contact Caroline Von Glahn at 201-891-0100 ext. 213 or e-mail her at carolinevg@tocr.com.